

August 2016

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Sunc	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	14	15	16	17	18	19	20
ZŽÁŽ	21	22 2 steps	6 steps	10 steps	25 14 steps	18 steps	27
	28	29 20 steps	30 24 steps	31 28 steps			



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				32 steps 1	36 steps 2	3
4	No School	6 40 steps	7 44 steps	46 steps	50 steps	10
11	52 steps	56 steps	60 steps	64 steps	68 steps	17
18	70 steps	74 steps	78 steps	82 steps	86 steps	24
25	88 steps	92 steps	96 steps	100 steps	2 steps	



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	4 steps	8 steps	12 steps	6 16 steps	20 steps	8
9	22 steps	26 steps	30 steps	34 steps	38 steps	15
16	No School	40 steps	44 steps	48 steps	52 steps	22
23	54 steps	58 steps	62 steps	66 steps	70 steps	29
30	72 steps					



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



November 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		76 steps	80 steps	84 steps	88 steps	
6	7	8	9	10	11	12
	90 steps	94 steps	98 steps	100 steps	2 steps	
13	14	15	16	17	18	19
	4 steps	8 steps	12 steps	16 steps	20 steps	
20	21	22	23	24	25	26
	No School					
27	28	29	30			A STATE OF THE STA
		06.				
	22 steps	26 steps	30 steps			



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				34 steps	38 steps	
4	5	6	7	8	9	10
	40 steps	44 steps	48 steps	52 steps	56 steps	
11	12	13	14	15	16	17
	58 steps	88 steps	92 steps	96 steps	100 steps	
2 × 18	19	20	21	22	23	24
	2 steps	6 steps	10 steps	14 steps	No School	
25	26	27	28	29	30	31
	No School					



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		3	4	5	6	7
	NO SCHOOL					
8	9	10	11	12	13	14
	16 Steps	20 steps	24 steps	28 steps	32 steps	
15	16	17	18	19	20	21
	No school	34 steps	38 steps	42 steps	46 steps	
22 Z	23	24	25	26	27	28
	48 steps	52 steps	56 steps	60 steps	64 steps	
29	30	31				
	66 steps	70 steps				



February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			74 steps	78 steps	82 steps	
5	6	7	8	9	10	11
	84 steps	88 steps	92 steps	96 steps	100 steps	
12	13	14	15	16	17	18
	2 steps	6 steps	10 steps	14 steps	18 steps	
19	20	21	22	23	24	25
	20 steps	24 steps	28 steps	32 steps	36 steps	
26	27	28				
	38 steps	42 steps				



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			46 steps	50 steps	54 steps	
5	6 58 steps	7 62 steps	8 66 steps	70 steps	10 74 steps	11
12	13 76 steps	14 80 steps	15 84 steps	16 88 steps	17 No School	18
19	No School	21 No School	22 No School	23 No School	24 No School	25
26	27 90 steps	28 94 steps	29 98 steps	30 100 steps	31 4 steps	



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	6 steps	10 steps	14 steps	18 steps	22 steps	
9	10	11	12	13	14	15
	24 steps	28 steps	32 steps	36 steps	40 steps	
16	17	18	19	20	21	22
	42 steps	46 steps	50 steps	54 steps	58 steps	
23	24	25	26	27	28	
	60 steps	64 steps	68 steps	72 steps	76 steps	



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice



May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	78 steps	82 steps	86 steps	90 steps	94 steps	
7	8	9	10	11	12	13
	96 steps	100 steps	4 steps	8 steps	12 steps	
14	15	16	17	18	19	20
	14 steps	18 steps	22 steps	26 steps	30 steps	
21	22	23	24	25	26	27
	32 steps	36 steps	40 steps	44 steps	48 steps	
					Last Day of School	



Read 30 minutes

15 minutes = 1 step.

30 minutes = 2 steps.

Power Goal?

Ask your student about their power goal. If they can't tell you, be sure to write a note to their teacher.

Practice